

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Egg & Cheese Croissants Hash Browns Assorted Fruit & Milk	Cheeseburgers Baked Beans Assorted Fruit & Milk	Chicken Nuggets & Mozz Sticks Sweet Potato Fries Assorted Fruit & Milk	Popcorn Chicken & Rice w/ Dipping Sauces Spring Rolls Assorted Fruit & Milk	Pizza Salad Assorted Fruit & Milk
French Toast w/ Sausages Hash Browns Assorted Fruit & Milk	Chicken Ranch Wrap Sweet Potato Fries Assorted Fruit & Milk	Beef & Cheese Nachos Queso Beans & Corn Assorted Fruit & Milk	Mac & Cheese w/ Chicken tenders Green Bean Fries Assorted Fruit & Milk	Chef's Choice Pizza Broccoli w/ cheese sauce Assorted Fruit & Milk
Pancakes & Eggs Home Fries Assorted Fruit & Milk	Chicken Parm sandwich Sweet Potato Fries Assorted Fruit & Milk	Chicken Nuggets & Mac-n-Cheese bites Cauliflower Tempura Assorted Fruit & Milk	Pasta Marinara with Meatballs Salad Assorted Fruit & Milk	Pizza Corn Assorted Fruit & Milk
Chicken & Waffles Carrots Assorted Fruit & Milk	Chicken Club sandwich Chips Assorted Fruit & Milk	Beef & Cheese Tacos Onion Rings Assorted Fruit & Milk	Hot Dogs Baked beans Assorted Fruit & Milk	Chef's Choice Pizza Salad Assorted Fruit & Milk
Breakfast Wrap Hash Browns	Grilled Cheese Tomato Soup	Pizza Crunchers & Rib-e-Q's Boston Baked Beans	Turkey Dinner w/ Mashed Potato Mixed Vegetables	Pizza Salad

Menu Subject to Change without Notice

How to use the Menu: Look up the date on the calendar on the right and find the corresponding color on the menu...
It's that easy!

MENU DESCRIPTIONS

Chef's Choice Pizza: French Bread or Stuffed Crust.

Tacos: Beef & Chesse with Hard or soft tacos



Chicken & Waffles: Waffles with Chicken Tenders

Garden Salad: Romaine, Peppers: Red/Green, Onion, Meat, Cheese, Hummus & Croutons

Yogurt Cereal: Cereal, Low fat yogurt, assorted fruit, Cheese Stick.

Breakfast Wrap: Meat, Eggs & Cheese in a Whole Wheat wrap.

Spicy Queso Beans: Beans & Corn in a cheese sauce

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Mo	Tu	We	Th	Fr
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
See you next year!				

Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
COLD in the Hall	Assorted Fruit Breads Assorted Fruit & Milk	Bagels & cream cheese Assorted Fruit & Milk	Assorted Cereals Assorted Fruit & Milk	Donuts or Cinnamon Rolla Assorted Fruit & Milk	Assorted muffins Assorted Fruit & Milk
HOT in the Café	Breakfast Pizza Assorted Fruit & Milk	French Toast Assorted Fruit & Milk	Egg Omelet w/ bacon & potatoes Assorted Fruit & Milk	Waffles Assorted Fruit & Milk	Breakfast Bake Assorted Fruit & Milk

Starting August 2023 all student meals are permanently FREE.
Each student can get One FREE Breakfast & Lunch, every day!

NEED A PART TIME CAREER? SCHOOL LUNCH IS HIRING! PLEASE APPLY [HERE](#)

The USDA is an equal opportunity employer.